

WR/DB

DELIAH AUTRY #13



Hometown: Tampa, Fla.

Residence: Tampa, Fla.

Age: 29

Height: 5-5

Year on U.S. National Team: 4th

Pronunciation:

DELIAH Autry (Duh-LEE-uh)

A FOOTBALL FAMILY

Autry grew up around football but didn't have a chance to play at an organized level until she reached high school.

"I threw the football every night with my dad at my younger brother's tackle football practice," said Autry. "I was not allowed to play tackle football. I went to high school and found out they had a girls' flag football team. I fell in love with the sport in 2010."

Autry played flag football (four years), basketball (four years) and volleyball (one year) while attending Robinson High School in Tampa, Fla. She earned the 2013 Hillsborough County Outstanding Flag Football Player of the Year award by passing for 36 touchdowns and a total of 1,800 yards. Autry earned First Team All-State honors in flag football and All-Conference honors in basketball in 2012 and 2013.

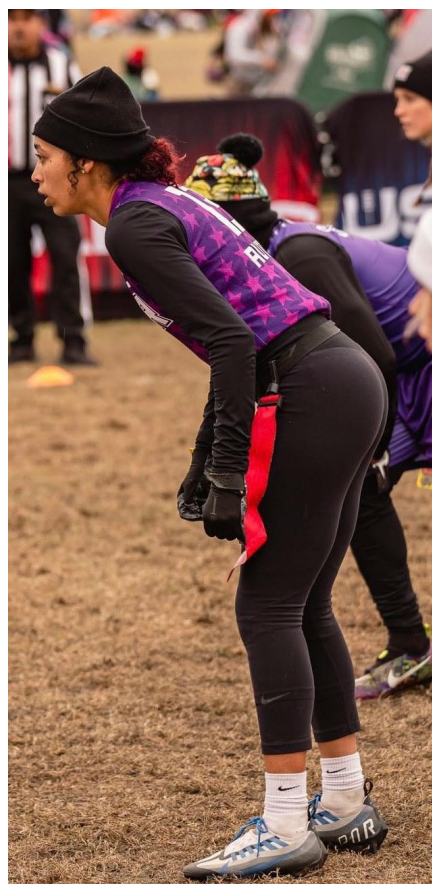
Autry has frequently donned the No. 13 jersey since she began playing flag football in high school.

"It was definitely not my first choice, but now it means so much to me," Autry explained. "The 'unlucky' 13 motivates me to continuously defy the odds and work hard for my outcomes because nothing is ever given to me. I have always had to work a little harder than most people."

After her award-winning high school career, Autry played club flag football at the University of South Florida (USF) from 2013-2016 and at Florida Agricultural and Mechanical University (FAMU) from 2017-2018. She was a NIRSA All-American in flag football in 2017.

Autry credits her family for teaching her an underdog mindset that she applies on and off the football field.

"My dad taught me how to face challenges with unwavering determination, passion, willpower and scrappiness," she explained. "Also my brother, who has Type 1 Diabetes, inspires me every day. He was diagnosed at 12 years old and has been a warrior since. He never complains about what he was dealt and is the toughest person I know. If he can conquer all that he's done, I can do that for him too."

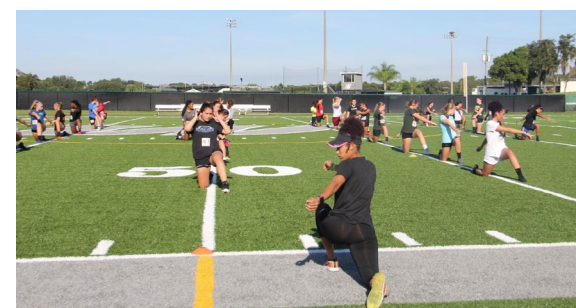


NATIONAL TEAM VETERAN

Autry is a two-time gold medalist and won a silver medal at The World Games in 2022, but it's her first gold medal that stands out. In 2021, Autry made the U.S. National Team for the first time and helped the team defeat Mexico in the championship match of the 2021 IFAF Flag Football World Championships in Jerusalem, Israel.

"I could not believe how far the sport had come and that I got to experience that," said Autry.

Autry also represented the U.S. in Birmingham, Ala. for The World Games and in Charlotte, N.C. for the 2023 IFAF Americas Continental Flag Football Championship.



GIVING BACK TO GIRLS

Since college, Autry has taught flag football to athletes of several ages in roles with Tampa Parks and Recreation and Robinson High School. The co-ed team she coached won their league championship, and she has helped Robinson maintain its status as one of the state's top girls' flag programs while teaching the next generation. The school has won nine state titles.

"It is empowering for women to play a once male-dominant sport and be good at it," Autry said. "It gives us confidence and builds self-esteem. I found my voice and leadership skills through this sport. I feel unstoppable when I play, and that translates into other aspects of my life. I get to meet so many genuinely good people and stay connected with them through the sport."

Autry runs her own non-profit organization, Camp13, to promote girls participation in flag football in the Tampa area. Camp13 partners with local flag football leagues, offers affordable clinics and provides one-on-one lessons and other training.

