

DB/WR AMBER CLARK #10



Hometown: Greenville, N.C.
Residence: Kansas City, Mo.
Age: 31
Height: 5-6
Year on U.S. National Team: 2nd

A M B E R C L A R K



HIGH SCHOOL, COLLEGE & SEMI-PRO

Clark was a star on the track and hardwood at South Central High School in Winterville, N.C. She won a state championship on the 4x100-meter relay team in 2008 and later claimed titles in 2010 and 2011 as well. Clark won the 2011 state championship with the basketball team. She finished her career as a 1,000-point scorer and set the school record for assists. Clark also won the Regional MVP award for basketball in 2010 and was an All-Tournament selection in the state tournament from 2010-11.

After high school, Clark competed in the long and triple jump at the University of North Carolina at Chapel Hill.

"My athletic background has helped me tremendously," Clark said. "From my speed to my agility, I believe it has been a great contributor to my game. I was a point guard in basketball, so my quickness and decision making had to be at a high level. When it came to track, I was a sprinter and jumper, so that helps with my speed, explosiveness and vertical."

Clark began getting into football after college with the Atlanta Steam in the Legends Football League (LFL). She played for the Steam from 2016-2019, earning nominations for the league MVP and Defensive Player of the Year awards. When COVID shut down the LFL's 2020 season, Clark and some of the league's other athletes pivoted to flag football.

GOLDEN AT LAST

Clark came close to competing for a gold medal with the U.S. National Team several times. She participated in tryouts in 2021 but didn't make the cut that year. Clark was invited to Chula Vista the following year to compete for a spot on the 2022 team, but a torn MCL just weeks prior to the event temporarily sidetracked her rise to international stardom.

"I felt defeated and began to have cases of imposter syndrome the two years I did not make the team, but I wasn't going to quit or give up on my dreams," Clark said. "I wanted this for a long time, and I couldn't let a couple no's stop me from finally getting my yes."

Clark won a gold medal at the 2023 International Federation of American Football (IFAF) Americas Continental Flag Football Championship in Charlotte in 2023 as the women's team defeated Mexico 26-21 in the championship game. Clark intercepted five passes across the tournament, including the game-sealing interception against Mexico.

"It was a full circle moment for me. It brought me back to the moment in my high school state basketball game when I was able to get the game winning steal," Clark explained. "Getting that interception is a moment I'll never forget. I almost passed out from screaming at the top of my lungs after I realized we basically won the game. I was so excited and filled with joy to finally have the gold medal that I had been working towards for so many years. I'm so happy I was able to experience that with my teammates that became my sisters throughout the journey to that gold."

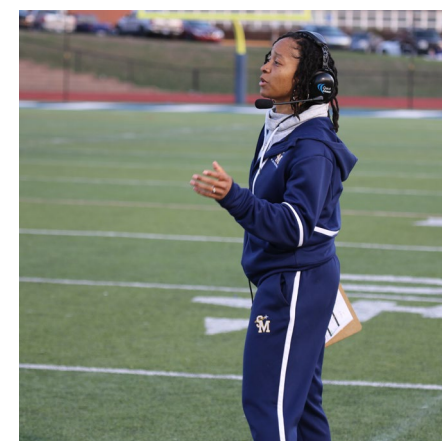
REPRESENTING USA FOOTBALL

After bringing home a gold medal in 2023, Clark represented USA Football and the U.S. National Team as an ambassador at the National Team West Coast Talent ID Camp in Los Angeles hosted by USA Football and the Los Angeles Rams and attended the Carolina Panthers' home preseason game against the New York Jets to serve as an honorary captain for an exhibition game between local Charlotte-Mecklenburg School girls' flag football teams.

"Those experiences have been so rewarding and fulfilling. To be able to be a model for these young girls is a prize like no other. Especially when I did not have that growing up," Clark said. "I want them to know that there are higher levels to this game and that there are tons of opportunities for girls to play football. I hope to have many more of these experiences and continue to be an advocate for this game."

Clark serves as a role model on and off the field for young, aspiring athletes. She recently expanded her role in football by accepting a position on USA Football's Board of Directors after her fellow current and former U.S. National Team athletes elected her to the post.

"It means everything knowing my peers trust me with this responsibility, and I promise I will make everyone who voted for me proud. It's an honor, and I'm excited to step into this role to continue cultivating the game of football," said Clark. "I want to empower young ladies who look like me to always reach for the stars and be that representation for young girls that I didn't have growing up in this sport. I hope to bring more awareness to girls' and women's sports to help prepare USA Football for the Olympics in Los Angeles in 2028."



SUPPORTING THE NEXT GENERATION

When she's away from the U.S. National Team, Clark works as the head coach for the women's flag football program at the University of Saint Mary in Leavenworth, Kan. The program is one of several at the NAIA level spearheading flag football's collegiate future.

"It means the world being able to make an impact on the game off the field," Clark said. "I love to pass along my passion and knowledge to the next generation. It's a position I never imagined I'd be in, and I'm forever grateful for this opportunity. My favorite part is that my job is a career. I enjoy looking out of my office seeing the field and being able to live, breathe and just do football."

Clark also owns the business FootballHER, which operates under the mission to bring more awareness and visibility to women in football. Clark is in the process of planning camps and clinics for the organization, as well as a travel flag football team.

